

. breakfast .

Served daily until 1:00pm

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| HALF NELSON | 10 | BREAKFAST B.C.L.T. | 15 |
| 2 eggs, toast, pan fries, and choice of bacon, ham or sausage and 1 pancake. | | 2 eggs, pickled red onion, bacon, spinach, tomato, roasted garlic mayo, boursin cheese on a ciabatta bun. Served with pan fries or side of salad. | |
| <i>Add extra egg or extra pancake</i> | 2.5 | | |
| <i>Deluxe pan fries</i> | 2.5 | | |
| <i>Replace proteins to 5oz striploin</i> | 9 | | |
| FULL NELSON | 18 | BREAKFAST PITA | 14 |
| 3 eggs, pan fries, toast, 2 pancakes, choice of 2 bacon, ham or sausage. | | 2 eggs, hummus, mango chutney, tahini sauce, tomato, eggplant escabeche and pickled red onion. Served with pan fries or side salad. | |
| <i>Add extra egg or extra pancake</i> | 2.5 | <i>Vegan option - Sub eggs for crisp silverking tofu</i> | |
| <i>Deluxe pan fries</i> | 2.5 | | |
| <i>Replace proteins to 5oz striploin</i> | 6 | SERVERS CHOICE | 18 |
| OLD WESTERN EGG OMELETTE | 14 | Avocado stuffed with a poached egg, wrapped in bacon, served on a bed of pan fries, béarnaise sauce and spinach salad with boursin and shallot vinaigrette. | |
| Ham, roasted pepper, onion, mushrooms, mozzarella-cheddar, toast with choice of pan fries or side salad. | | EGGS BENEDICT | 17 |
| <i>Deluxe pan fries</i> | 2.5 | 2 poached eggs, grilled ham, béarnaise sauce, served on green onion and cheddar biscuits with choice of pan fries or side salad. | |
| SMOKED SALMON EGG OMELETTE | 16 | <i>Sub smoked salmon or avocado and grilled tomato for ham</i> | |
| Smoked salmon, onion, roasted garlic, avocado and bocconcini cheese. With toast and choice of pan fries or side salad. | | JAMBALAYA BREAKFAST BOWL | 16 |
| <i>Deluxe pan fries</i> | 2.5 | Sausage, capicola, chicken and shrimp, brown rice, bell peppers, sambal relish, basil, tomato and chipotle mayo topped with 2 eggs. | |
| GRILLED BREAKFAST CROISSANT | 14 | REL-ISH SKILLET | 17 |
| 2 fried eggs, capicola, brie cheese, fresh basil, spinach, tomato, pickled red onion, and roasted garlic mayo. Served with pan fries or side salad. | | Eggs, sausage, capicola, apple shred, bell peppers, mozzarella and cheddar, brie gravy topped with yam chips and crisp fried jalapeños. Served with toast & fruit. | |
| <i>Deluxe pan fries</i> | 2.5 | GARDEN SKILLET | 16 |
| CHEFS CHOICE | 15 | Eggs, mushrooms, shallot, broccolini, eggplant escabeche, potato, black beans, corn, avocado, boursin cheese. Served with house gravy, toast and fruit. | |
| Toasted bun, 2 fried eggs, house made sausage, jalapeño havarti, fried jalapeños, spinach, tomato, onion ring and garlic aioli with pan fries or side salad. | | <i>Vegan option - Sub cheese and eggs for tofu</i> | |
| <i>Deluxe pan fries</i> | 2.5 | KOREAN CHICKEN SKILLET | 18 |
| BREAKFAST POUTINE | 12 | Eggs, korean BBQ pulled chicken, roasted garlic, sambal relish, caramelized shallot, with kimchi slaw, goat cheese, cilantro and potato. Served with toast and fruit. | |
| House cut fries, brie gravy, 2 eggs, fried jalapeños, braised beef, bacon jam, curds topped with green onions. | | HUEVOS RANCHEROS | 14 |

{ SIDES }

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| <i>Toast</i> | 2.5 |
| <i>Multigrain, soeurdough, french and rye</i> | |
| <i>Side of fruit bowl</i> | 5 |
| <i>Granola yogurt fruit bowl</i> | 10 |
| <i>Ham, bacon, or house made sausage</i> | 4 |
| <i>Cheddar onion biscuit</i> | 3 |
| <i>Brie gravy</i> | 2.5 |
| <i>Deluxe Pan fries - Bacon jam and mozzarella</i> | 5 |
| <i>Béarnaise sauce</i> | 4 |
| <i>Free run egg</i> | 2.5 |
| <i>Maple syrup</i> | 2.5 |

Rel-ish continues to offer freshly made in house items and healthy choices. Including free run eggs, freshly made béarnaise with pasteurized eggs, homemade G/F chicken and brie gravy, homemade preserves. Local products from Kootenay and Kaslo bakery, Crooked Horn, Oso Negro, NBC, Tourchlight, Backroads Brewery and many more.